

Medical Rehabilitation Center "AURUM"

Comprehensive medical and
psychological rehabilitation of
military and civilian patients





History of the Project:

- Since the first days of Russia's full-scale aggression against Ukraine, we have been there.
- Kyiv, Chernihiv, Bucha, Zaporizhzhia, Mykolaiv, Kherson, Kramatorsk
- Military personnel and civilians
- Medications, medical instruments, food, clothing and warm clothing, hygiene products, equipment for the military
- We feel the pain and the needs
- We know how to help





Aim of the Project:



Comprehensive rehabilitation support for military personnel and civilians affected by the military aggression of the russian federation in Ukraine, using proven modern European as well as our own rehabilitation methods.



The concept of the therapeutic component of rehabilitation

In times of war, the work of the center is based on the use of methods whose effectiveness has been confirmed through international and national practical experience.

The focus of the work is on:

- The application of proven types of therapy
- The introduction of new approaches based on the latest developments by specialists
- The development of new types of therapy, based on the results achieved within the framework of the center's rehabilitation measures



The principle of a holistic, individualized approach in therapy, taking into account the patient's age, constitutional type, and personal life history.



Establishment of unified diagnostic criteria for assessing the patient's condition and thereby justifying the necessity of the required therapies.



Mandatory program for the self-education of the specialists at the center and collaboration with international rehabilitation centers.

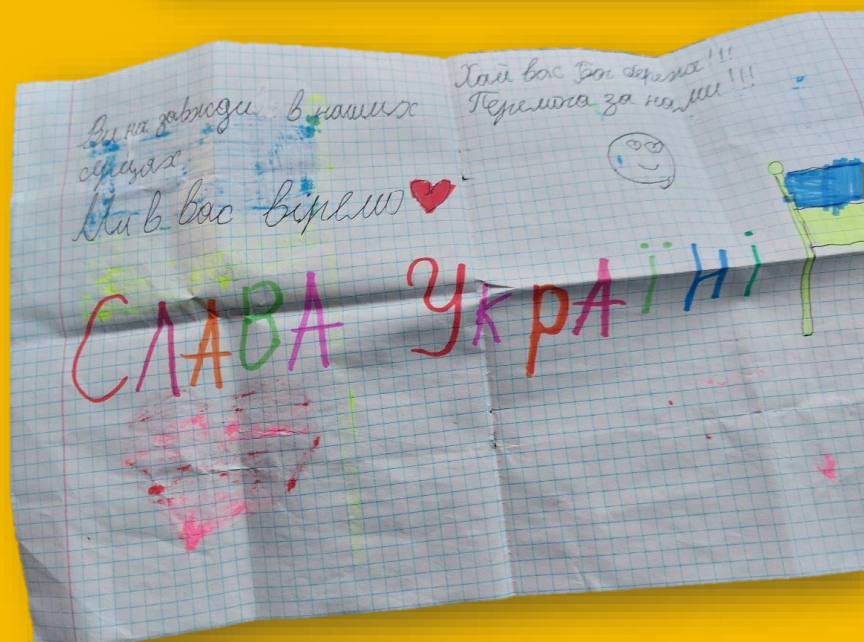


Coordination of the interaction in the work of the therapists when determining the rehabilitation strategy in each individual case.



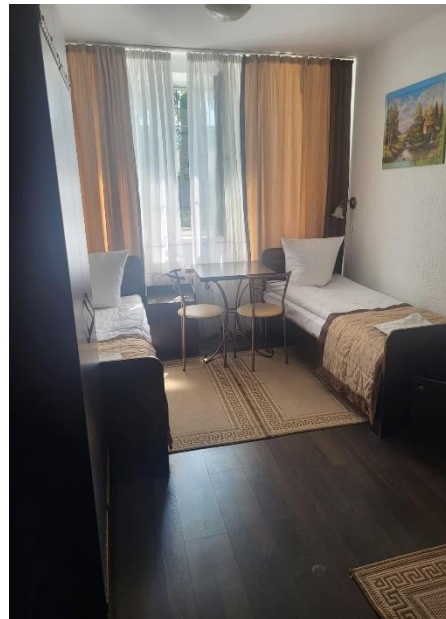
The uniqueness of the Center:

The center's activities aim not only at restoring physical and mental health but also at reassessing the meaning of life and creating a new sense of values in the modern world.



More about us on our YouTube channel:

<https://www.youtube.com/watch?v=wc8NDpoWYcE>

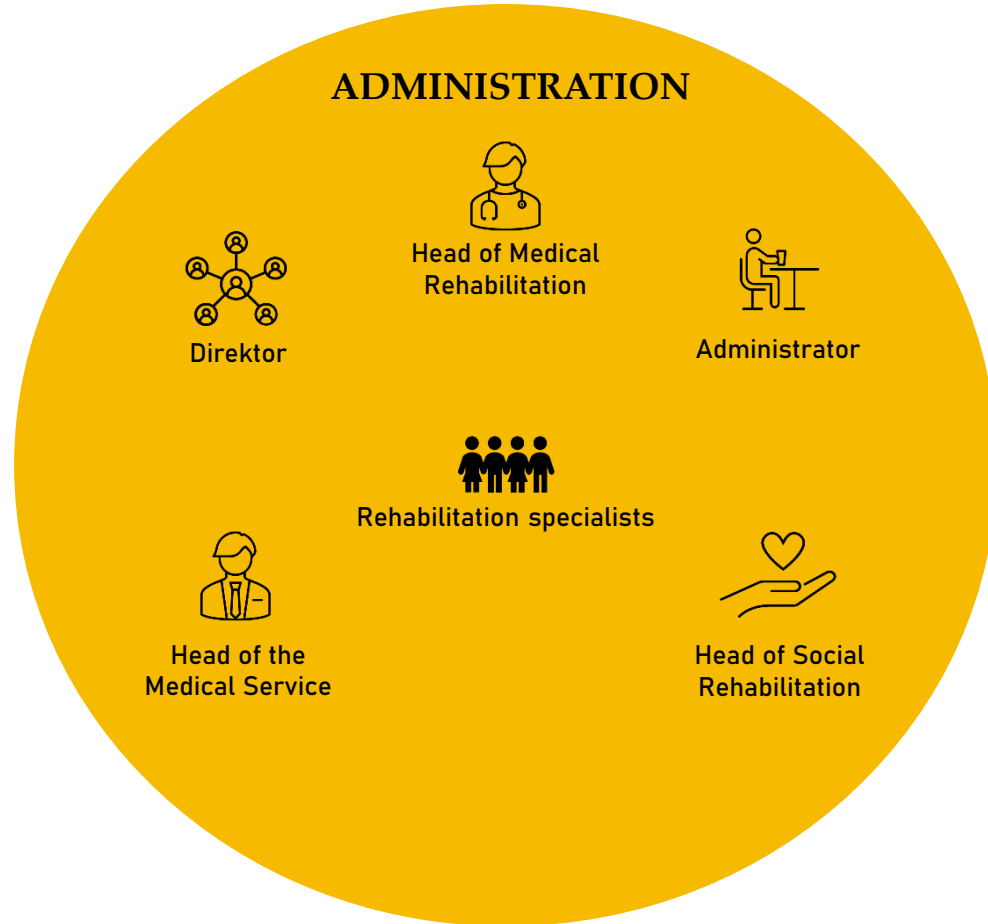


Technical features of the Center:

- The Center is located in Kyiv at the address: Horikhuvatskyi Shlyakh, 4, in a picturesque part of the city's recreational zone
- Total area of premises 990 m²
- Designed for simultaneous rehabilitation of up to 30 patients
- The center is equipped with the necessary facilities for conducting rehabilitation treatments



Structure of the Center



Medical rehabilitation facilities:

- Physical and Rehabilitation Medicine Doctor's room
- Kinesiotherapy room
- Treatment rooms: manual therapy of the spine and joints, reflexology, post-isometric relaxation, oil-dispersion baths, rhythmic oil rubbing, therapeutic massage, osteopathy and craniosacral therapy, apparatus pressotherapy
- Psychotherapy room
- Art therapy room

Social rehabilitation facilities:

- Group therapy department
- Legal assistance and employment department



Spezialisatlon of the Center:

Post-traumatic stress disorder (PTSD) caused by the consequences of the Russian military aggression in Ukraine, with the following:

Disorders:

- Increased irritability
- Unjustified outbursts of anger and aggression
- Hysterical states
- Feelings of emptiness, apathy, depression
- Suicidal thoughts
- Denial of reality, feelings of alienation from loved ones, hopelessness about the future
- Sleep disturbances
- Neurocirculatory disorders
- Diseases of the spine and joints with pain syndrome
- Postoperative support for the normalization of musculoskeletal function
- Functional disorders of the gastrointestinal tract



Scope of medical and rehabilitation services of the Center:

- Conducting initial, intermediate, and final rehabilitation assessments by a physiotherapist, psychotherapist, and rehabilitation specialists – members of our interdisciplinary rehabilitation team
- Development of a rehabilitation diagnosis and creation of an individual rehabilitation therapy plan
- Psychological support services
- Consultation of patients by doctors from other specialties
- Referral of patients to other healthcare facilities/units for specialized medical care, if necessary

- Referral of a patient for laboratory and/or instrumental examinations, if indicated, according to industry standards in healthcare
- Prevention of potential difficulties and adherence to recommendations throughout all phases of the patient's treatment, along with follow-up regarding special assistance
- Conducting group therapies to support patients in integrating into social life in a changed environment



Treatment methods:

Individual work with a physiotherapist:

Recommendations for maintaining daily routines and diet, pharmacological therapy considering post-hospital therapeutic recommendations: Pharmaceutical-synthetic medications, Phytotherapy (herbal medicine), Homeopathy

01

Individual work with psychologist, psychotherapist

02

Group therapy aimed at finding a meaningful, motivating life orientation, social adaptation, and the development of a new sense of values.

03



Medical and rehabilitative measures carried out by doctors and other specialists at the Center:

- ✧ Pharmacopuncture
- ✧ Therapeutic massage, manual therapy of the spine
- ✧ Kinesiotherapy
- ✧ Post-isometric relaxation
- ✧ Osteopathy and craniosacral therapy
- ✧ Oil dispersion baths
- ✧ Rhythmic rubbing with healing ointments, oils
- ✧ Device therapy
- ✧ Vacuum massage
- ✧ Therapeutic gymnastics
- ✧ Art therapy





Algorithm for Patient Rehabilitation:



Consultation with a Physiotherapist



Consultation with a
Psychologist/Psychotherapist:



Consultation with the specialists of the center – Development of an individual rehabilitation therapy plan and its implementation at the center, considering the needs and characteristics of the patient's condition



Review and Documentation (Recording the data in the patient's rehabilitation chart) of the patient's condition in therapy dynamics once a week to assess the prognosis and the effectiveness of the rehabilitation measures, and to adjust the rehabilitation program if necessary



Special Features of the Center's Work:

- Teamwork. Cooperation between the specialists to determine the therapy method.
- The focus of the therapy is the therapist's direct contact with the patient's body ("hands-on"). This improves the effect of the treatment procedures and helps the patient to experience confidence and support through the warmth of the therapist's hands. This technique is particularly important in cases where metal fragments remain in the patient's body after injury, which limits the use of device therapy.
- Drug therapy covers the entire spectrum of modern medicine: chemically synthesized drugs, phytotherapy, homeopathy + nutrition and recommendations for daily living.
- Research activities are carried out in the medical, demographic and legal fields.
- International cooperation with specialists from Germany, Austria, the Czech Republic, Switzerland, the Netherlands and Lithuania
- Partnership with business structures and cultural communities in Ukraine, Poland ,Germany, Austria and USA



**Yevhen
Volchenko**

Founder of the Center, Head
of the Rehabilitation
Department of the Center,
PhD in Psychology, Doctor of
Physical and Rehabilitation
Medicine, IFAPA certified
psychotherapist



**Nataliia
Dmytriieva**

Founder and Director of the
Center, volunteer



Andrii Korzh

Founder of the Center,
PhD in Medicine, Head of
the Center's Medical
Service



Yuriy Korosko

Practical psychologist,
osteopath, specialist in Body
Oriented Therapy



Out Team



**Snizhana
Shcherbakova**

Doctor, specialist in Body
Focused Therapy



Iryna Serhiichuk

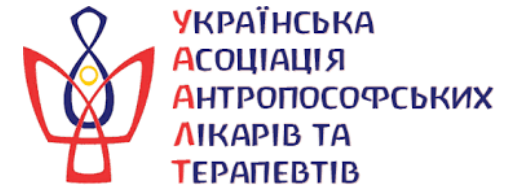
Osteopath, specialist in "Oil
dispersion baths"



Marina Sidorenko

Administrator of the Center

Strategical partners of the Center:



We are working with



Річкова Флотилія

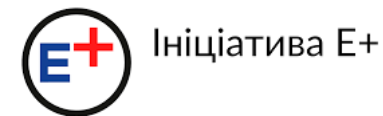


Комунальна установа Київської Обласної
Ради «Київський обласний центр
допомоги захисникам України
ім. Віталія Анатолійовича Баранова



Військово-Морських Сил
Збройних Сил України

WALA
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CENTRUM KOMPLEXNÍ MEDICÍNY BRNO

We are supported